



HAIR LOSS

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What is frontal fibrosing alopecia and how is it treated?

Frontal fibrosing alopecia causes scarring hair loss across the front of the hairline. About an inch of hair is lost along the forehead. It's a peculiar problem. I've been in practice about 30 years and now I am seeing increasing frequency of this diagnosis.

At least half a dozen women a day are coming in with a bald strip across the hairline. The condition can also cause hair loss on the eyebrows. The cause is unknown but frequently occurs in post-menopausal women. Treatment includes the use of cortisone injections, antibiotics or medications like Plaquenil. Scarring hair loss is an emergency and we treat it fast and aggressively. When all other treatments fail, we try the FDA approved, red light laser therapy, which increases mitochondrial activity in the scalp. These treatments help bring back the hair. Once it goes, it's gone forever without treatment.